



## *eNews*

# *L'École Sherwood Park School PAC*

## *OCTOBER 2013*

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### **Next PAC Meeting**

The next meeting is scheduled for **Tuesday, November 5 at 9:00 am** in the Multi-Purpose room. We hope that this daytime meeting will help those who cannot attend our evening meetings. As always, there will be coffee and goodies available. Your input is always appreciated and we welcome parents to come and join us.

The agenda includes an update from our principal, Joe Campbell and a review of the events coming up in December. Please also take some time to review the draft minutes from our October meeting – the minutes are included in your email. If you have any questions, please let us know.

### **JJ Bean Coffee & Purdy's Chocolate Fundraisers**

First off, thank you for helping to support our school! We are currently running two fundraisers timed to help with your holiday gift giving and entertaining and, at the same time, your purchases will help support our 2013/2014 PAC fundraising efforts. Our fundraisers feature products that are near and dear to many of our hearts: **Coffee and Chocolate (What a perfect combination!!)**.

The coffees we are offering for sale are from JJ Bean, Coffee Roasters; they select the highest quality beans from around the world and then roast them to perfection at their East Vancouver roasting facility. Their commitment to exceptional coffee produces beans second to none!

Purdy's Chocolates, another great Vancouver company, has been committed to delivering quality delectables since 1907. Purdy's Chocolates are made using only the finest ingredients from around the world including chocolates from Belgium, ginger from Australia, cashews from India, and dairy products delivered fresh daily from farms across Western Canada.

We hope that you enjoy these wonderful products. JJ Bean order form and Purdy's Chocolate brochures will be sent home this week. Happy shopping and thank you again for your support of Sherwood Park PAC!

### **Looking for a Webmaster / Communications Coordinator!**

The PAC is looking for someone to set up a PAC website and send out communications to parents. Let us know if you're interested in this position.

### **CONTACT Sherwood Park PAC**

e-mail us at [sherwoodparkpac@gmail.com](mailto:sherwoodparkpac@gmail.com) or come out to one of the meetings.

### **Sherwood Park COMMUNITY SUPPORTERS**

by "mentioning **Sherwood PARK PAC**" when supporting local businesses, they will kindly donate some of their proceeds to your PAC:

## Rasmussen Group Real Estate



For more information, please visit their website at [www.yournewpad.com](http://www.yournewpad.com)

## beautifulEyes Optometry in the Cove



Located at B-369 Dollarton Hwy N, North Vancouver (by appointment only). Beautiful Eyes Optometry A-B-SEE program makes it easy to support your PAC;

- Appointments: book your family eye appointments online at [www.beautifuleyes.ca/north-vancouver-clinic](http://www.beautifuleyes.ca/north-vancouver-clinic) or call 778-340-eyes (3937).
- Buy: and save 10% of your complete frame and fully coated lenses or 5% off one year supply of contact lenses
- See: a better tomorrow for your child's class as BEO donates net eyewear sales (10% complete eyeglasses and 5% one year contact lens supply) to our school PAC!

## And coming soon - Cobs Bread!



[www.cobsbread.com](http://www.cobsbread.com)

If your business wishes to become a PAC community supporter, please let us know.

## Upcoming iGirl workshop at Parkgate

iGirl is a straight-to-the-point, lighthearted, two- or three-day workshop that prepares 12 year old girls for the multimedia pressure-cooker they will soon encounter. Knowledge is power and this workshop, created by Saleema Noon will give your daughter the power to make smart decisions and to successfully navigate the changes galloping into her young life. In a style that is relevant to preteens, Saleema and her team take the role of big sister, tackling topics like what to expect from puberty, safety on the Internet, understanding what makes a healthy body image, and how to be assertive in even the toughest situations. JOIN US!

WHEN: November 23 and 24, 2013

WHO: Girls aged 9-12

WHERE: Parkgate Community Centre, North Vancouver

COST: \$169

\$20 off if you register a month or more before, or \$25 off if you register with a friend. SPONSORSHIP AVAILABLE THANKS TO SHARON CRITTENDEN MEMORIAL SCHOLARSHIP. Go to <http://www.saleemanoon.com/igirl/registration/> to register online.