

Sherwood Park PAC Newsletter



Email: sherwoodparkpac@gmail.com
Facebook: <https://www.facebook.com/sherwoodparkpac/>

SPiRiT Store

Show your school spirit with some stylish Sherwood Park gear!

For a limited time our first ever **SPiRiT Store** is open for online ordering. Our intention is to run the spirit store every other year, so your next opportunity will not be until the 2018/2019 school year. [CLICK HERE](#) to preview our items and complete your order. Products include logo t-shirts, hoodies, sweatpants, polo shirts (adult sizing only), and tuques. Please review the sizing chart online very carefully as orders cannot be returned or exchanged.



Ordering is only available online and closes November 6. Orders cannot be accepted past the deadline date, so order your gear today!

Delivery is *estimated* December 12 – just in time for Christmas! Shortly after the new year the school will host a Spirit Day; we are excited to see a sea of green!

(We are considering doing a special run of “pink shirt day” spirit wear early in the new year, but this is very tentative and dependent on interest.)

New Community Partner – Grouse Mountain

We are excited to announce that Grouse Mountain has reached out to offer us a new community partnership.

With La Nina forecasted to bring a snowy winter, have you been thinking of purchasing an Early Bird pass from Grouse Mountain? Offering access to skiing, riding, snowshoeing, skating, events and other perks/discounts, an Early Bird pass is one of the North Shore’s best value snow passes.

With a minimum order met, the PAC will receive 15% of the proceeds for each Early Bird purchases using the school’s promo code. The program will launch in the next two weeks, so if you are thinking of getting a pass, please wait to purchase your pass until we have our promo code. More details to follow soon.

Before you ask, yes, we contacted Mount Seymour to see if a similar offer was available, and, unfortunately, there was not.

Calendar of PAC Events

PAC Meetings:

Meetings are scheduled on the last Tuesday of most months at 7:00 p.m. in the school’s library.

October 25	November 29
January 31	February 28
April 25	May 30

Spirit Store Order Deadline

November 6

Hot Lunch:

We are so pleased with this year’s commitment of volunteers to help us deliver hot lunches. **THANK YOU to everyone who signed up to help out.**

October 24 – Magic Lunch Box
October 31 – Pizza
November 7 – Magic Lunch Box
November 18 – Subway
November 21 – Magic Lunch Box
November 25 – Pizza
November 28 – Sushi
December 2 – Subway
December 12 – Magic Lunch Box
December 16 – Pizza

Social Events:

Events are tentative based on interest and availability of volunteers

Trivia Night – November 18

Pancake Breakfast – December 16
Seycove Auction (Spring)
Carnival (Year-end)

[Like us on Facebook](#) to keep up to date on PAC news and community events.



Unbudget PAC Expenditures

Whether it is on the playground or email, we regularly receive suggestions or requests from parents, teachers and staff for items or programs that our community would like to see the PAC support. We love your ideas and input! However, we need to caution that the budgeted expenditures for the current year are pre-determined, and there isn't room for extra activities unless we cut current budgeted activities that were reviewed and approved by parents last May. In addition, new ideas and expenditures require approval at a PAC meeting, someone to research, schedule, organize, and often require garnering a teacher as a representative to facilitate on the school's behalf.

The intent here is not meant to discourage you from bringing ideas forward that are important to you. However, we want to reiterate that expenditures for the current year have been pre-approved, and resources to execute these programs are already stretched thin.

Where possible, when you have an idea or request that you present at a PAC meeting as a discussion item for the following year's budget. This way the items are recorded in the minutes, which are shared with all parents for consideration. Your proposal should include the intended benefit to students or the school, estimated cost to the PAC and/or families, your plan to implement, and any volunteer or teacher sponsor requirements.

Keep those ideas coming - we are always looking for ways to enrich the learning environment and extra-curricular activities for our kids - but please understand that we do not have the financial and physical resources to action every request.

Trivia Night

Our third annual Trivia Night is back and scheduled for November 18. This is a parent-only social event. This year Trivia Night is a fundraiser, not a fundraiser! We will not be holding a silent auction, or any other fundraising activities. Tickets are only \$10 each or \$60 for a table of eight. We want parents and teachers to come out, meet other parents and have a great time.



Information and ticket order forms will be sent home soon via your child's backpack. We hope to see you there!

Labelling your Kids' Clothing

After multiple attempts to get students and parents to check the lost and found at the end of last year, we sent a fairly large pile of bags to goodwill that consisted of unclaimed lost and found items. At that time a volunteer parent spent a few days sorting through the lost and found, organizing the piles to make it easy for students and parents to sift through and returned items to their owners, where possible. Unfortunately, not all items could be returned as their rightful owners could not be identified.

You might be surprised to have seen some of the great clothes that were in those bags. To avoid losing your kids items, we ask **that you take the time to label your child's clothing, backpack, water bottles and lunch kits clearly with their names** (phone numbers, if you are comfortable), so that items can be returned to students instead of piling up and ending up in a donation bin.

Community Supporters

RASMUSSEN GROUP

If you buy/sell your home or refer a friend **10% of their earnings from that sale come back to the school!** Please consider Rasmussen Group Sutton West Coast Realty if you are buying or selling a house and let them know you are a Sherwood Park family!

www.yournewpad.com



NESTERS MARKET

When you are grocery shopping, **tell them you are school #2** and the loyalty points will be directed to Sherwood Park.



TOOKA FLORIST

Send your spouse or clients flowers today! 10% of your order comes back to our school if you tell them you are a Sherwood Park family.

www.tooka.ca



BEAUTIFUL EYES

Purchase glasses or contacts for your family and a portion of the proceeds are donated back to the school.

www.beautifuleyes.ca



COBS BAKERY

Cobs Bakery donates bread monthly to help us get healthy food to any child at who has forgotten their lunch or breakfast.



Seycove Auction

Aside from being the social event of the season, the Seycove Auction contributes funds to all of the PACs within the Seycove family of schools. Last year we received approximately **\$6,000** from the proceeds of the event.

The existing Co-Chairs of the Seycove Auction will continue in their roles for one last year and will then make way for an exciting new team! Let them show you how it is all done. If you volunteer to shadow the Co-Chairs (and assume the role next year), you will have a special place of honour at all of the meetings and lots of coffee! Learn more about this year's fun "Pyjama Party" theme and how your participation benefits everyone! Contact www.seycoveauction.org.



Sherwood Park PAC Scholarships

At the end of each school year a \$500 scholarship is awarded to one former Sherwood Park student graduating student from Seycove and another from Windsor.

The PAC's requirement for the delivery of the scholarships is that the student completed their elementary studies at Sherwood Park, and in the case of the Windsor scholarship the student is also a graduate of the French immersion program. The selection of the scholarship recipients is left up to the scholarship committee at the respective high school without any input from our PAC or our teachers. The selection committees take into consideration factors such as academic standing, school service, community service and/or athletic achievements. All former Sherwood Park students who attend Windsor (French Immersion) and Seycove are eligible for the scholarship. The PAC is made aware of the recipients after they have been selected, and we verify that they were former students of Sherwood Park.

Last year's Windsor Secondary scholarship recipient sent us the following letter::

Dear Sherwood Park PAC,

I am writing to express my sincere gratitude to you for making the Sherwood Park [PAC] French Immersion Student Scholarship possible. I was thrilled to learn my selection for this honour and I am deeply appreciative of your support.

I will be attending the University of British Columbia next year with a focus in psychology. I am hoping to pursue a career in human relations and behaviour. The financial assistance you provided will be of great help to me in paying my education expenses, and it will allow me to concentrate more of my time for studying.

Thank you again for your generosity and support. I will work very hard and give something back to others, possible a scholarship to future students like myself.

Sincerely,

Lauren Kellmann

Good luck with your first year studies Lauren!

October PAC Meeting

Please join us on October 25 for this year's first PAC meeting. As always, babysitting is provided.

Agenda

- **Principal's report**
- **Traffic Safety** – Special Guest Speaker Carol Sartor, North Shore Safe Routes Advocacy
- **Budget Review** and Unbudgeted Program Requests
- **The Future of French**
- **New Business**

The meeting minutes from our last meeting are included at the end of the newsletter.

Show up and Win!

Everyone who attends the meeting is eligible to win a raffle prize. When you attend the meeting you will be automatically entered! There will be one draw at every meeting and a final grand prize draw at the end of the year.

Drive to 5 Zones

We strongly encourage you to use our Drive to 5 zones where you can drop off /pick up your children (or park and walk with them). **Look for our Drive to 5 signs.** It is only a five minute walk from these areas.



Our Drive to 5 zones include:

- Dollarton Village
- Felton Road (off Dollar)
- Caddy Road (off Fairway).

Community News and Events

Sexual Health Education

Many families are familiar with the workshops by Saleema Noon and her team. They are at our school every two years to facilitate sexual health education with our students. Saleema Noon has released her new book "Talk Sex Today." The book includes information and advice for talking to your children about consent, body image, media literacy and much more. Join Saleema and members of her team for her book launch and an insightful presentation on Thursday, November 3rd at 7:00 p.m. at the Capilano Library 3045 Highland Blvd. (see flyer at the end of the newsletter for more details)

Copies of the book will be available for purchase at the event. If you are unable to attend, but would like to purchase a copy of the book there are a few copies available at the office for \$25 (the office staff can only accept cash in exact amounts, please).



North Vancouver PAC

The NVPAC represents all schools in the District. The upcoming NVPAC meeting on Wednesday October 26 will host a panel discussion on the new curriculum. The meeting is held 7:00 p.m. at the Education Services Centre on the 5th floor. If you have questions or concerns that you would like addressed, you can submit it through the NVPAC website at <http://www.northvanpac.org/>.

There are a number of committees that the NVPAC work with the School District on, as parent representatives. Capital Planning, Communications, Education Week, Emergency Preparedness, Inclusion, Information & Communication Advisory, Policy Review, Safe & Caring Schools, School Cleanliness, Calendar. NVPAC would like to represent all parents and they do their best to bring as much diverse parent input as possible. If you are interested in participating in any of the committees, more information can be found on the website, or you can contact the NVPAC chair at chair@northvanpac.org.

North Shore Multicultural Society

The third week in November is BC's Multiculturalism Week. It is a week to celebrate the contribution of our multicultural communities and to appreciate the way diversity enriches British Columbia.

The North Shore Immigrant Inclusion Partnership is hosting an event "Weaving our Humanity; and Evening of Story" on November 19 at 7:00 p.m. at the Presentation House Theatre. Mark the date for an evening of storytelling and music. Hear about belonging and missed connection, vulnerability and courage. Learn what friendship and humanity across cultures means in our diverse community.

Halloween Fun Facts!



- Samhainophobia is the fear of Halloween
 - Halloween is the second highest grossing commercial holiday after Christmas.
- The largest pumpkin ever measured was in 1993 at 836 lbs.
- The first known mention of trick-or-treating in print in North America occurred in 1927 in Alberta, Canada

Harry Houdini was one of the most famous magicians who ever lived. Strangely enough, he died in 1926 on Halloween night as a result of appendicitis

- According to tradition, if a person wears his or her clothes inside out and then walks backwards on Halloween, he or she will see a witch at midnight
- In Hollywood there's a \$1000 fine for using silly string on Halloween.
- **When the day after Halloween falls on a weekday, Sherwood Park has a professional day!** (No classes on Tuesday, November 1).



Sherwood Park PAC
Meeting Minutes - May 25, 2016

In Attendance: Karmyn Turner, Samantha Ball, Carolyn McEachern, Meredith Briden, Gina Madeo, Katrina Podmore, Sarah Stark & Joe Campbell

Meeting called to order at 7:05pm

Motion to adopt the April 27, 2016 minutes moved by Gina, seconded by Katrina. Motion carried.

Principal / Vice Principal Report:

Joe noted that it has been a very busy spring at Sherwood Park with football, track and hip hop all taking place and the students have been engaged and enjoying all the new activities. He asked if hip hop could be done earlier in the year (Oct/Nov) next time round, rather than the spring which is a busy time of year with other activities. Book earlier in the year with the hip hop company to get an earlier time on the school calendar.

Joe said that it has been an exciting last 5 years at the school. There has been a large turnover in staff but a good core group remains that are longstanding Sherwood teachers. It has been exciting to see afterschool programs like soccer, computer programming and art / drama being added to the opportunities at the school.

The school already has the upcoming numbers from the District. Sherwood Park is complex as the diversity is high within the enrolled student population. Sherwood Park has made a case to the District that an educational fund is required (applied and granted). This will include more LAC time (3 days per week up from two) and more counselling time. Joe said that there is less violence in the schools now as there is increased supervision but that children today have a higher rate of anxiety and depression due to more pressure in our modern era. *How do we help kids be happy & healthy?* Joe feels that we need to involve the entire school community and work together to improve student happiness and 'make life great for kids'.

The new curriculum guidelines will be in place for 2016/2017 and the shift is how the content is presented. Staff are calm about the changes to come and Joe would like to have a group curriculum night (K-12) at Seycove for all local schools to introduce the changes to parents.

Treasurer's Report:

Proposed budget for 2016/2017 was reviewed line by line with meeting participants at the May 25, 2016 meeting. Budget acceptance was motioned by Gina and seconded by Katrina.

Highlights include:

- Beautification fund (\$1000) for the school will remain for the upcoming year. This fund provides outdoor tools, gardening bags, plants, paint etc. to keep the school looking clean and fresh.
- Magnet calendar cost will increase to \$500 this year but the calendars will now be 5x7 in size so easier to read.
- Extracurricular subsidy to remain in place to assist with costs such as bus fee for field trips, recorders for music program etc. to help ensure all students have access to extra-curricular programs.
- Funds for an annual fitness/sports activity in place. This coming year will introduce tennis. Biking was suggested as an activity for the 2017/18 year, with rental bikes made available for students that need to borrow a bike.
- Suggestion to add IKid/IGirl/IBoy, a new program by Saleema Noonan to the body/health rotation and to increase the body/health programming to every year versus every second year. Budget increased to \$3500
- Primary support requested funds for a Buddy Bench; This was not included in the PAC budget and was suggested as a possible Grade 7 legacy gift next year (or future years)

Treasurer's report cont.

- Spirit store will be introduced this year and will run every two years. The newly designed Sherwood Park wolf logo will be available on merchandise including t-shirts and water bottles.
- Uniforms will be replaced for the 2016/2017 year. Funds will be partially derived from the 2014 Grade 7 Grad legacy fund that was unspent (approx. \$ 1,700), the Spirit store and general revenue.
- Looking for Hot Lunch coordinators for the 2016/2017 school year as some of the current coordinators have stepped down or have children graduating from Sherwood. If new coordinators are not found then the hot lunch funds will decrease from \$15,000 to approximately \$11,000. It was suggested that a job descriptions for Hot Lunch Coordinators be created so that the duties included are outlined and less intimidating to potential volunteers. Subway is one of the programs that is looking for a new coordinator.
- It was proposed that Trivia Night could be run as a fundraiser for a Playground Improvement fund.
- Rather than numerous small direct selling fundraisers over the school year the PAC will continue with the Direct Funding request (suggested \$50 per student) to all parents at the start of the year.
- Technology fund (\$13,000 approved of the \$28,000 requested) can be increased if fundraising and direct funding is more successful than anticipated for the upcoming year.
- Currently the PAC provides \$200 to each classroom with an additional \$200 provided to key support staff such as counsellors, LAC support etc. It has been suggested that the PAC should increase this amount. Teacher's discretionary fund will be looked at mid-year to see if the budget permits it to be increased.

PAC Elections:

There were no volunteers to take over any of the PAC executive positions. Therefore, Samantha Ball and Carolyn McEachern will remain as Co-Chairs, Karmyn Turner will remain as Treasurer and Meredith Briden will remain as secretary.

Sarah Stark tentatively agreed to take on the Seycove Auction coordinator role. This is an important role as it brings in approximately \$8000 of our operating budget. Sarah will work with Marina Hartvik on the transition of the role. The PAC is very grateful to Marina for her hard work as our school's representative for the Seycove auction. We thank her for her past and continued support.

Gina Madeo agreed to take on the new Traffic Safety coordinator role for the upcoming year. There will a big push on improving the traffic safety around our school this fall.

Katrina Podmore has also agreed to continue as the class rep coordinator.

For the 2016/2017 school year PAC meetings will take place on the last Tuesday of each month.

Carnival:

Carnival is on June 3, 2016 and we are still in need of volunteers as the previous call outs have fallen short of expectations and event need.

There are currently 330 food orders with more expected.

General Discussion:

Karmyn noted that the Booster Juice cups which are part of the annual Grade 7 class fundraiser cannot be recycled without being washed and cannot be recycled onsite. They must be taken to a recycle centre and are currently being washed by a primary teacher who has taken it upon herself to do so to keep them out of the garbage. It was suggested that if we continue with the fundraiser that we approach Booster Juice and ask them

General Discussion cont.

to change the policy on their cups or that we change the fundraiser to freezies, popsicles or other program were the materials are easier to recycle.

There is a member of the Sherwood Park community who is key to our Hot Lunch Program who has a Food Safe designation. If there is an additional member of the community willing to take the Food Safe course and help out with hot lunch, the PAC will reimburse the course fee upon completion. Please contact the PAC if you are interested. We are also looking for someone with a Serving it Right certification, or someone willing to take the course on our behalf. In order to host Trivia Night at the school, we are required to get a liquor licences. The applicant for the license must have a Serving it Right certificate. Our existing parent is graduating out of the school this year.

Meeting Adjourned at 9:20pm