

Sherwood Park PAC Newsletter



Email: sherwoodparkpac@gmail.com
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Pancake Breakfast

The Annual Pancake Breakfast is back on Friday, December 16! Breakfast is served 7:00am - 8:45am. All Sherwood Park families and staff are welcome.

This year we are thrilled to have our merry firefighter dads back to make us breakfast! Once again the North Vancouver District and Burnaby Fire Departments are kindly providing us with griddles to cook up your pancakes! As you come to the school on Friday morning, be sure to say hello to our volunteers who will be manning the grills on the lacrosse court and serving up Christmas cheer! In addition to the firefighters, we need volunteers to help us pull off this fun, festive event! Please go to [sign up genius holiday breakfast](#) to sign-up for a shift that suits your schedule. We have three 2 hour shifts; the day before set-up, the main event and clean-up. Our events are a success because of your support, thank you!



This year's event includes "Selfies with Santa," Mr. Sled's choir and Christmas movies before the 8:45 bell rings. Before you line up, please have your children drop off their backpacks outside their classrooms to ensure we have maximum space available in the gym. Please help us to make this a green event by bringing your own coffee mug and water bottle.

Thanks to the continued support of JJ Bean, Schulz Co., Saputo Dairy, and the very generous donations from Nesters Market at Dollarton Village we are able to offset most of the cost of this breakfast so that the proceeds can go directly to the Sherwood Park Care Fund to help families in need in our school community. **With this in mind, a suggested donation of \$5 per person would be very gratefully received.**

We're also welcoming non-perishable food donations for the Harvest Project that can be dropped at the Nesters tent (most needed items are baked beans, canned vegetables, canned meat, canned fish, pasta sauce, canned tomatoes, peanut butter and spreads, canned fruit and fruit cups, granola bars, cookies and crackers.)

We really appreciate your support and the community spirit that is generated when we celebrate the season together and very much look forward to seeing you on the 16th!

Again, to volunteer got to <http://www.signupgenius.com/go/30e0444afae28a3f94-holiday>



Calendar of PAC Events

PAC Meetings

January 31	February 28
April 25	May 30 (Budget)

Hot Lunch

December 2	December 12
December 16	January 9
January 13	January 16
January 23	January 30
February 3	February 3
February 10	February 20
February 27	March 3
March 6	March 27

Volunteers are needed for all 2017 hot lunch dates.

[**CLICK HERE TO VOLUNTEER!**](#)

PAC Sponsored Programs and Events

- Sexual Health Education (January)
- Social Media Safety for School-aged Children (February 7)
- Igirl, Iguy, Ikid self awareness workshops for Grades 2 and 4 (Spring)
- Tennis (Spring)
- Folk Dancing (Spring)

Social Events:

Pancake Breakfast – December 16

New Event: Family Bingo Night - April

Carnival – June

O' Christmas Tree Jamboree

The Rasmussen Group, Sutton West Coast Realty, with some help from their friends at Dollarton Village, is once again hosting a Christmas community event **this Saturday, December 3 from 4:00–8:00**. There will be hot chocolate, gingerbread people, holiday face painting, entertainment (including our very own Sherwood Park choir) and much more. Take time to admire the collection of community trees, including the Sherwood Park tree. Bring an ornament to add to the tree or make an ornament at the event.

Stop by Dollarton Village on your way to your party to pick up a beautiful Noble Fir wreath for \$20 (they make a great hostess gift!) and have your picture taken with Santa. All proceeds benefit our school.



Social Media Safety and Responsible Behaviour

Mark your calendars. We are pleased to announce that we have booked a parents' education session with Jesse Miller of [Mediated Reality](#) on February 7, 2017 at 7:00 p.m. in the school's atrium. The information session will focus on a goal of presenting a social media conversation that promotes an active and relevant discussion applicable to school-aged children. The presentation will provide current information that opens dialogue and prompts continued solutions to assist parents, educators and youth when engaging in social media.

On the same day, we have engaged Jesse Miller to meet with all students in grades four to seven to discuss age-appropriate interactions with social media and social responsibility. The student presentations will be timely fit in the weeks leading up to Pink Shirt Day on February 22, 2017.

New Community Supporter

We are excited to tell you about our new community partner! Whether you're purchasing a home for the first time, taking out equity from your home for investment or pleasure, or your current mortgage is simply up for renewal - **Jonathon Adams of The Professionals** is happy to assist you with your financing needs, and 10% of his earnings will be donated to the PAC. Thanks to a Sherwood Park family who has recently mortgaged their new home, we already have proceeds coming our way in January!

For more information on financing check out www.itsthemortgageguy.com.



If your business is interested in joining our network of community supporters, please email sherwoodparkpac@gmail.com.

Hot Lunch

Your Hot Lunch orders have been processed and submitted. As always, we count on your support and time to help us deliver lunches. You can quickly and easily sign up for a shift that suits your schedule for the January to March Hot lunch dates. We know that volunteering does not work for everyone, but to those parents that do come out THANK YOU! We can't do it without your help. [CLICK HERE TO VOLUNTEER!](#) (scroll down the webpage to find the new dates)

Community Supporters

RASMUSSEN GROUP

If you buy/sell your home or refer a friend to the Rasmussen tea, **10% of their earnings from that sale come back to the school!**

www.yournewpad.com



IT'S THE MORTGAGE GUY

New mortgages or debt refinancing. Consider Jonathon Adams of The Professionals and **10% of the earnings are donated back to the PAC!**

www.itsthemortgageguy.com



NESTERS MARKET

When you are grocery shopping, **tell them you are school #2** and the loyalty points will be directed to Sherwood Park.



TOOKA FLORIST

10% of your order comes back to our school when you tell them you are a Sherwood Park family.

www.tooka.ca



BEAUTIFUL EYES

Purchase glasses for your family and a portion of the proceeds are donated back to the school.

www.beautifuleyes.ca



Trivia Night Fun

Thank you to everyone who came out to our third annual Trivia Night. It is such a great time when we can come together in a social setting, even if it is to have a glass of wine in an elementary school gym! We hope a fun night was had by all. We were having so much fun, we forgot to take pictures!

We would like to thank all those who volunteered to help us set up, provide bartending services and clean up. We would also like to send a big thanks to [SmartyPantz](#), for providing us with an escape room adventure for the winning team. Purveyors of the finest in escape room entertainment, SmartyPantz is great for team-building, parties or a night out with your friends. In the spirit of supporting the businesses that support our school, check them out for your next night on the town!



Grade 7 Christmas Market

ONE DAY ONLY on Tuesday, December 13. This is a great opportunity for your little ones to purchase Christmas presents for their family members. The Grade 7 students will wrap their purchases, so they are ready to be put right under your tree! Don't forget to pack a few dollars in your child's backpack so they don't miss their opportunity to shop!

Spirit Wear Will Be Here Soon

Estimated delivery of spirit wear orders is December 14. The entire order will be delivered to the school. Once orders are sorted, we will get them to you in one of two ways; you can pick up your order at the Pancake Breakfast on December 16, or we can send your order home from school with your child. If you are not attending the pancake breakfast and would prefer that we do not send your order home with your child, please email sherwoodparkpac@gmail.com so we can come up with an alternative arrangement to get you your gear.

We received a number of requests after the deadline date to order spirit wear, so we have ordered some extra stock to be available for purchase at events throughout the year. **Your first opportunity will be at the Pancake Breakfast on December 16!**

Community News and Events

BC Ministry of Education Survey

Report cards are changing in conjunction with the new curriculum. The Ministry is seeking input on report cards. To participate in the survey go to <https://engage.gov.bc.ca/yourkidsprogress/en/home/>. For more information on assessment and reporting from the Ministry check out: <https://curriculum.gov.bc.ca/assessment-info>.

Grade 4 & 5 SnowPass

Attention Grade 4s & 5s! The Canadian Ski Council's SnowPass™ lets you ski and snowboard three times at each participating ski area for \$29.95. That's a lot of skiing and snowboarding right across Canada! <https://www.skicanada.org/grade-4-5-snowpass/>.

January PAC Meeting

The next PAC meeting is scheduled for January 31, 2017 at 7:00 p.m. in the school's library.

As always, babysitting is provided.

Agenda:

- School Technology Plan
- Counseling support for students
- Principal's report
- Budget Review

Minutes from the November meeting are provided at the end of the newsletter.

Drive to 5 Zones

We strongly encourage you to use our Drive to 5 zones where you can drop off /pick up your children (or park and walk with them). **Look for our Drive to 5 signs.** It is only a five minute walk from these areas.



Our Drive to 5 zones include:

- Dollarton Village
- Felton Road (off Dollar)
- Caddy Road (off Fairway).

Like us on Facebook

Our Facebook page is an easy way to keep up to date on PAC news, events and meetings. We are at www.facebook.com/sherwoodparkpac/





Cypress Ski Club registration is
NOW OPEN
FOR THE 2016-2017 WINTER SEASON

Your kids can learn to race
at Cypress Mountain
HOME OF THE 2010 WINTER OLYMPICS

Programs for ages 6-18.

Everyone is welcome - come try us for
a day in December!

Lots of La Niña snow has been predicted
for the 2016/17 season so let's get our kids
outside this winter!

Inspiring skiers for life.

Contact Program Director Raul Anguita or chat with
our head coaches, they will help you choose the best
program for your child.

778-227-5547

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Sherwood Park PAC Minutes

Meeting date: November 22, 2016

In Attendance: Anne Lawson, Kamryn Turner, Carolyn McEachern, Samantha Ball, Meredith Briden, Fiona Rouillard, Kate Walker, Jana Ogdenova, Olga Laren, Gina Madeo, Jen Turner, Mairead Foley, Bronson Boglari, Sarah Stark

Meeting called to order at 7:00pm

Motion to approve the May 25th, 2016 and October 25th, 2016 minutes made by Fiona Rouillard and seconded by Gina Madeo.

Principal/Vice Principal Report:

Anne said that the students are enjoying the basketball program that is currently running.

The school had a student led Remembrance Day assembly for all grades both French and English that was very lovely.

Both Anne and Pam McLeod noted that the intermediate choir is sounding beautiful.

The school's Winter Concerts will be held on Monday November 28th for the English classes and on Tuesday November 29th for the French classes. Concerts will be held at Windsor Secondary.

Pam McLeod spoke about the upcoming Scholastic book fair running from November 28th to December 1st in the library. There is still opportunities for volunteers to sign up and help out with set up, take down and assisting with sales during the book fair. The signup sheet is located outside the library doors. The book fair provides funds to be able to purchase new resources for the library.

Anne spoke about Sherwood Park's newest student, Amber, a PADS puppy who will be in the school until the end of December when she will go to the States for the next phase of her training. Anne has been fostering her for PADS. Amber has already been working with students who have anxiety, who are hesitant readers or who have other needs. The response has been very positive and the students are excited to come to school and see Amber.

Teachers are still familiarizing themselves with the new reporting system and it has been challenging at times. If families have not yet received an e-mail or a voicemail in regards to the new system please call the office and advise them as this will be the main means of communication for the new system.

Anne noted that there are several students teachers in the school at the moment working their short practicum and she is hoping that some of them are able to return for their long practicum as well. They are a great resource to staff and bring news and exciting ideas and approaches to the school.

The BC Boys Choir will be coming to perform for the school on Wednesday November 23rd.

Upcoming Christmas Events:

The Christmas Tree Jamboree will be put on again this year by the Rasmussen Group. All proceeds raised will be generously donated to the Sherwood Park PAC. The Jamboree will be held on Saturday December 3rd from 4 to 8pm. Sherwood Park's choir will perform and there will be Santa pictures, face painting, glitter tattoos, gingerbread decorating and fresh fir wreaths for sale. Please come out and support this fun event!

Grade 7 volunteers welcomed to assist with selling the wreaths.

Karmyn said that the PAC has money in the budget set aside to be able to decorate a tree at either Parkgate or Dollarton Village. The decision was to decorate a tree at Dollarton and Samantha Ball has to decorate the tree.

Christmas Events cont.

The Annual Pancake Breakfast is back for another year but volunteers are still needed to help make this a successful event. Look for more information coming out soon and sign up to assist with this fun event!

A suggested donation of \$5 per breakfast will be collected at the door rather than selling tickets. All proceeds will go to the Sherwood Park care fund. Donations will also be collected for the Harvest Project or the food bank.

The firemen will have their large griddles set up outside and will be doing the cooking again and there will be more covered outside areas set up as well to ease some of the congestion in the gym. This year there will be selfies with Santa and a table set up to purchase Sherwood Park Spirit wear.

Health Education Program (Sarah Stark & guest Ashley McIntosh)

Sarah Stark who has recently completed her training with Saleema Noonan as a sexual health educator spoke about the program that will be presented to all students k-7 in January 2017. There will a parents night first followed by two full days for the students. This program is offered every two years and while the core information is the same the topics are expanded as the grade level increases. The program talks about the reproductive system and uses scientific names for body parts. It covers pregnancy, birth, condom and needle safety and the different stages of puberty and hygiene. There will also be a discussion about homophobic language and gender identities.

The parent's session will be held on January 23rd, 2017 with the student sessions to follow on January 26 & 27, 2017.

Ashley McIntosh (guest speaker) spoke about the possibility of bringing some Empowerment workshops to the school called iKid, iGuy and iGirl. They focus on personal and self-development, self-esteem, assertiveness, friendships and bullying.

iGuy & iGirl are focused on grades 4-7 and iKid is focussed on grades K-3.

Karmyn noted that \$2,000 was added to the budget last year to expand on the current body health program. We currently alternate the Saleema Noonan program with the Safe Teem program which is offered to grades 6/7.

The decision was made to offer the new programs to grades 2 (iKid) and grade 4 (iGirl, iGuy) starting this year and they will continue every second year. Anne Lawson will speak with Joe Campbell about working them into this year's school schedule.

Internet and Social Media Safety for students

Karmyn spoke about having being asked several times over the last few months by parents about social media and internet safety and if there was something that the PAC could do to help parents with resources.

Mediated Reality is a company that presents to elementary and high schools across the Province in addition to presentations for parents. The fee for a 90 minutes presentation for parents, tentatively booked on the evening of February 7, 2017, would be \$375. The presenter, Jesse Miller, is a former Sherwood Park parent and will give us a reduced price for the parents' information session, and Jesse would be willing to do two sessions with the Grade 4/5 and Grade 6/7's the same day at no cost.

Karmyn noted that this is currently an unbudgeted expense and would have to be voted on to proceed.

Decision to proceed was motioned by Gina Madeo and seconded by Sara Stark.

A vote was taken and none were opposed.

Treasurer's Report:

The January budget statement was provided for review. Karmyn noted that the current's year's income is approximately \$27,000. Current expenses are approximately \$15,000. However there is an estimated \$2000 of expenses anticipated to the end of the year for hot lunch. We anticipate meeting our budgeted annual income of \$42,000.

\$8,500 of the allotted computer funds have already been spent for the year (approx 1/2 of the budgeted amount). The balance will be spent in March 2017 based successfully reaching our budgeted income for. We are currently in the 2 year of the 3 year plan to upgrade the schools technology. The PAC will ask Joe Campbell to review the school's technology plan at the January PAC meeting to update parents on the strategy and where we are at so far.

PAC has been asked to administer the Grade 7 funds for the upcoming year.

As a side note, Nesters Market has been a huge supporter of our school over the last year. For example, Nesters generously donated the majority of the food for Carnival last spring and have donated food to our office to help feed children who have forgotten lunches and/or snacks. They will also be supporting our school at the December 3 Christmas Tree Jamboree and the Pancake Breakfast. Please take a minute if you are shopping there to thank them and support their store.

New business:

We are looking for a volunteer to be a representative for Sherwood Park School and attend the Windsor Family of School meetings held once a month. These meetings are a way to find out what our peer PACs are doing for their schools and to generate ideas of how to support our schools and students. If you have the ability to be a representative for the PAC at these meetings, please email sherwoodparkpac@gmail.com

Seycove Auction (Sarah Stark)

This year's theme will be Pyjama Party. The Seycove auction is one of our main source of funds each year and we usually receive about \$6,000 once the funds are allotted between Seycove, Cove Cliff, Dorothy Lynas and Sherwood Park.

An e-mail has been sent to all class reps asking them to send communication out to their classes about the auction and suggesting a theme for a basket for the silent auction that their class can contribute.

We are still in need of event sponsors and someone to assist with the acquisition of items for the silent auction. Please speak with Sara if you have some time to assist with this.

Traffic safety (Gina Madeo)

20-25 Grade 6/7 students have taken the training so far for the crossing guard program but to date we have only received 8 permissions forms back. This is not enough to proceed. Gina is looking at doing a sign up blitz on December 9th. To successfully run this much needed program we need at least 15 students (1 day per week) and 20 parents (one day per month) to volunteer to monitor the cross walk in the mornings from 8:20 to 8:50am. Please speak with Gina if you are interested in assisting.

Bingo Night:

The PAC is looking at holding a Bingo Night for families. Anne Lawson said that Ross Road Elementary did this type of event each year and it was a huge success and fun for the families. Anne has a binder full of prep info.

Meeting Adjourned at 8: 50pm