

# Sherwood Park PAC Newsletter



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Facebook: <https://www.facebook.com/sherwoodparkpac/>

## Parent Information Sessions

### Social Media Awareness

You asked for it, and we are happy to be able to bring you a parent's information session on social media and internet awareness for school-aged children. We have invited Jesse Miller of Mediated Reality to present to our parent population to provide information and guidance on these important and constantly evolving issues. After the presentation, there will be an opportunity to have Jesse address your questions and concerns.

**Date:** February 7, 2017  
**Location:** School Atrium  
**Time:** 7:00 p.m. – 8:30 p.m.  
**Cost:** FREE!

Bring your loonies! We will be selling coffee, tea, juice and popcorn for \$1 to help offset the cost. To help us minimize waste, please bring your own mug.

The information session is open to all Sherwood Park parents. We are working on lining up babysitters for the evening to ensure that all interested parents can attend. If we are able to secure enough babysitters, we will email a notification out to families to confirm that babysitters are available.

### Sexual Health Education

Every two years we bring in Saleema Noon sexual Health Educators who provide sexual health education to all students in grades K to 7. The open and informational sessions are designed to help children understand sexual health ("body science") and how it fits into their world at this stage of their lives. In advance of the student sessions on January 26 and 27 all parents are invited to an information session to find out exactly what is being taught to children grade by grade and have questions and concerns addressed. Parents will leave with a better understanding of the words and concepts that are easy to use for the age of their children and be well equipped to answer any questions that your children come home with. The information session is open to all Sherwood Park parents. We have arranged for babysitters to ensure that all interested parents are able to attend.

**Date:** January 23, 2017  
**Location:** School Library  
**Time:** 6:30 to 8:00 p.m.

## Calendar of PAC Events

### PAC Meetings:

**January 31**      February 28  
April 25              May 30

### Hot Lunch:

January 23 – Pizza  
January 30 – Magic Lunch Box  
February 3 – Subway  
February 6 – Magic Lunch Box  
February 10 – Pizza  
February 20 – Sushi  
February 27 – Magic Lunch Box  
March 3 – Subway  
March 6 – Pizza  
March 27 – Sushi

[CLICK HERE TO VOLUNTEER!](#)

### PAC Sponsored Events

- Parents information session on Sexual Health Education – January 23
- Sexual Health Education (all students) – January 26/27
- Parents information session on Internet and Social Media Safety – February 7
- IGirl/IGuy/IKid – February 22/23
- Seycove Auction – March 4, 2017



- Tennis (all students) – Spring
- Folk Dancing (all students) – Spring
- Family Bingo Night – Spring 2017 (Tentative)
- Carnival – Year End 2017

## Community Support in Action

The PAC would like to express their appreciation to the Rasmussen Group of Sutton West Coast Realty for their continued support. Before the Christmas break, the Rasmussen group, with help from our friends at Nesters and Starbucks, hosted their second annual Christmas Tree Jamboree. The night was full of fun and a bit of magic thanks to our families who came out to support the event, and, of course, our choir led by Bruce Sled and Kelly Nobles. The community event raised \$1,200 for our school, \$300 of which goes to the Grade 7 fundraising activities for their volunteer support at the event.



Thank you to the Merchants at Dollarton Village who came together to support our community buy purchasing Christmas trees or contributing food including Nektars Pizza, Fruition Day Spa, and the Royal Bank.

## Grade 7 Fundraising

The Grade 7 Fundraising committee would like to thank all those who contributed items to the Christmas Market, purchased raffle tickets, and sent money with their children to buy gifts at the Christmas Market. These events were very successful, and raised a combined total of over \$3,000! This will be a great contribution towards our grade 7 year-end activities.

**Huge thanks to Nesters Market (Dollarton) and Cobs Bread (Parkgate)** for their prize donations for the raffle and to the Rasmussen Group for donating some proceeds from the Christmas Jamboree. We love our community sponsors!

Thank you to all of the Grade 7's who helped out at the Christmas market, sold raffle tickets and volunteered their time at Santa's breakfast at Parkgate and the Christmas Jamboree. They did a great job wrapping all the presents, serving pancakes and popcorn and selling wreaths. Finally, thanks to all the parents who organized and helped out at these events. We couldn't do it without everyone's support.

## Hot Lunch

Your Hot Lunch orders have been processed, submitted and lunches are being delivered. As always, we count on your support and time to help us deliver lunches. There are still a lot of spaces that we need to fill to help lunches run smoothly. [CLICK HERE TO VOLUNTEER!](#) We know that volunteering does not work for everyone, but to those parents that do come out THANK YOU! We can't do it without your help.

## Sporting Goods Donation

We have been using Skyline Athletics for our new team jerseys and spirit wear. Just before the Christmas break our friends at Skyline dropped off boxes and boxes (and boxes) of sporting goods for the school. Thanks to Skyline our kids have a new stock of gym and playground equipment. Everything from balls of all kinds for all sports, track and field equipment, hockey and lacrosse equipment, rackets, new nets - the list goes on and on. We are grateful to Skyline for their generosity and support. Thank you for helping keep our kids active.



## January PAC Meeting

The next PAC meeting is scheduled for January 31, 2017 at 7:00 p.m. in the school's library.

As always, babysitting is provided.

### Agenda:

- Counseling support for students
- Principal's report
- Playground upgrade/replacement planning
- Potential afterschool activity - Bfitkids
- Budget Review

*Minutes from the November meeting are provided at the end of the newsletter.*

## Drive to 5 Zones

We strongly encourage you to use our Drive to 5 zones where you can drop off /pick up your children (or park and walk with them). It is only a five minute walk from these areas.



### Our Drive to 5 zones include:

- Dollarton Village
- Felton Road (off Dollar)
- Caddy Road (off Fairway).

When you are parking near the school, please be mindful and respectful of the permitted parking areas. **Yellow lines are there for a reason! When you ignore the parking rules you are putting our students' safety at risk.**

## Like us on Facebook

Our Facebook page is an easy way to keep up to date on PAC news, events and meetings. We are at [www.facebook.com/sherwoodparkpac/](http://www.facebook.com/sherwoodparkpac/)

## Seycove Auction

Dear Supporters of our Family of Schools in Mt. Seymour,

Thank you for helping raise money for the public schools in 2016, the Seycove Auction was a big success.

The Seycove Auction is looking for Sponsors for our 2017 event on March 4<sup>th</sup>, our theme for this year's gala is Pajama Party. Everybody wins with sponsorship – companies benefit from increased exposure at the schools and in the community. The students benefit as the proceeds from the Auction go directly to the four local public schools to fund many essential things.

Throughout the Dinner, Dance, and Auction sponsors will be recognized in the Event Program, with banners and many will have their logos on the signs and volunteer t-shirts. Before and after the Auction, companies will be recognized with logos featured in newspapers and PAC newsletters.

Every level of sponsorship is welcome – there are opportunities for individuals, small businesses and larger corporate donors. There are 5 levels of sponsorship, for more information contact [sponsorship@seycoveauction.org](mailto:sponsorship@seycoveauction.org). Our sponsorship brochure is located at [www.seycoveauction.org](http://www.seycoveauction.org) which explains all the levels and the benefits included. Sponsors need to be in by January 20<sup>th</sup> for their logo to be on the road signs. Sponsors have first choice at table seating and tickets, become a sponsor today!

### Thank you to our 2016 Sponsors for supporting our public schools!

Gold: Panago Pizza	Gold: Deep Cove Canoe & Kayak
Gold: Deep Cove Outdoors	Gold: Patricia Houlihan Personal Real Estate Corp.
Gold: Odlum Brown Limited	Gold: Charlie Mackenzie Re/Max Crest Realty
Gold: Fawcett Insurance	Gold: Michelle Hunter – Investors Group
Silver: Perimeter Drainage	Silver: West Shore Constructors
Silver: GE Lighting	Silver: Ready Rentals
Copper: Harrison Home Inspections	Copper: Claudio Tonella Real Estate
Copper: Osaka Deep Cove Sushi	Copper: Comstar Business Systems



## Community News and Events

### Slow Down North Shore

Motor vehicle speed is one the biggest factors in collisions with pedestrians and cyclists. It is also one the reasons that people are afraid to walk and ride their bikes. The result? More parents driving their kids to school, needlessly increased traffic congestion, increased accident and injury risk and poorer overall public health. Join the public forum to learn more and be part of the solution!

Date: January 26, 2017  
Time: 7:00 p.m. to 9:00 p.m.  
Doors open at 6:30 with displays from ICBC, RCMP HASTe BC

Location: North Vancouver District Municipal Hall  
355 West Queens Road

Keynote: Dr. Mark Lysyshyn, Medical Health Officer, Vancouver Coastal Health

## Community Supporters

### RASMUSSEN GROUP

If you buy/sell your home or refer a friend to the Rasmussen team, **10% of their earnings from that sale come back to the school!**

[www.yournewpad.com](http://www.yournewpad.com)



### IT'S THE MORTGAGE GUY

New mortgages or debt refinancing. Consider Jonathon Adams of The Professionals and **10% of earnings are donated back to the PAC!**

[www.itsthemortgageguy.com](http://www.itsthemortgageguy.com)



### NESTERS MARKET

When you are grocery shopping, **tell them you are school #2** and the loyalty points will be directed to Sherwood Park.



### TOOKA FLORIST

10% of your order comes back to our school when you tell them you are a Sherwood Park family.

[www.tooka.ca](http://www.tooka.ca)



### BEAUTIFUL EYES

Purchase glasses for your family and a portion of the proceeds are donated back to the school.

[www.beautifuleyes.ca](http://www.beautifuleyes.ca)



